

MATT PARADISE

Healthcare Speaker, Consultant, &
Award-Winning Author

Care Follows Capacity.

Moving staff from survival mode to stability so that safety, culture, and patient experience can improve.



HOW I CREATE CHANGE

Matt brings together executive-level business experience, financial expertise, and lived patient perspective to help people move from survival mode to stability, resilience, and renewed purpose. He partners with leaders to identify the root causes of strain and gives teams practical ways to think clearly, regulate pressure, and perform with greater consistency.

- Reduced turnover risk — staff gain tools to stay stable under pressure
- Improved patient experience — capacity drives connection at the bedside
- Stronger workforce resilience — practical strategies, not generic wellness
- Lower safety incidents — focused caregivers make fewer errors
- Measurable engagement lift — immediate next steps without operational overload

SIGNATURE HEALTHCARE KEYNOTES

The Capacity Crisis

For system-wide town halls & leadership summits. Reveals how invisible strain depletes care quality and gives leaders a framework to restore workforce focus.

*Every presentation tailored to resonate with your specific audience

Whole-Health Wealth

For CHRO, PX & benefits leaders. Connects financial stress to clinical performance and retention.

From Survival Mode to Stability

For frontline employees, leaders & CNOs. Practical tools to build resilience.

WHY MATT

Authoritative Expertise — Award-winning author of *Financially Capable* and Certified Educator in Personal Finance.

Proven Impact — Helped more than 100,000 people reduce financial stress and build financial capability.

The Patient Perspective — Rare cancer survivor and patient advocate with firsthand healthcare insight.

Trusted Executive Presence — Experienced speaker trusted by healthcare, higher education, government, nonprofit, and corporate audiences.

WHAT HEALTHCARE LEADERS SAY

Staff members said that your presentation was their favorite part of the retreat!"

-Kim Kempf, MA, LPC Cholangiocarcinoma Foundation

"The training went really well! I heard a lot of positive feedback from my colleagues."

-Katie C. Massachusetts General Hospital

TRUSTED BY

Mass General Hospital • Harvard University • Vertex Pharmaceuticals • Cholangiocarcinoma Foundation • Westwood Professional Services • TargetCancer Foundation

▶ Watch a 2-minute healthcare keynote highlight — mattparadise.com/reel

Partner with Matt.

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